

# Saturday, 11<sup>th</sup> November 2023

**Incorporating Wayne Cretney Memorial** 





### Classic and Wayne Cretney Memorial Saturday, 11<sup>th</sup> November 2023 37th Anniversary

### **Detailed Information VERSION 1.0**

#### What is the Classic?

The Classic is a solo endurance event that is both physically and mentally demanding. The event is a BLODSLITET type orienteering event; a one-person relay where you do from 1 to 4 relay loops from a mass-start. The Classic is one of the toughest events on the calendar. As such the red courses tend to be more technical and harder than usual and also coupled with the longer courses and in all types of weather makes it unique.

#### What is the Rogaine Team Explorer?

The three-hour rogaine is for teams of two to five people who want to tackle the terrain without the pressure of having to visit all controls in order. The time-limit is three hours, and you are welcome to visit as few or as many controls as you want to. Some teams may aim to find them all. Considering that the top Classic runners will find all controls over 3-4 loops in about two hours, it is quite likely that determined teams can find all the controls within the three hours - but it won't be easy!

#### What do I need to bring?

The Classic and the Rogaine are endurance events, so it is highly recommended that you take food and water and electrolytes with you. The Classic is a butterfly loop format and there is no water at the finish but available in the clubrooms nearby. Competitors will be also able to leave drinks/food at this location but the map change is quite late in the course. Snacks will have to be carried by yourself. If you are planning to tackle the Rogaine Team Explorer in one long loop over 2 - 3 hours, then it is suggested that you take ample food and water with you.

While the race is mainly on farmland, you still need to be well prepared for the cold and wet. And, this is a classic off-road event set in open exposed areas. Running shorts and singlets are not sensible options, gaiters and long socks are recommended as well as off-road shoes with good grip.

On the other hand, if it is a warm day, you will need to take plenty of water.

All courses will have a waterproof TESLIN map – no plastic bag required.

#### **Timetable**

Time	Description			
12.30pm	Registration Opens			
1.00pm	3 Hour Rogaine Team Explorer briefing.			
1.10pm	3 Hour Rogaine Team Explorer maps available, you can start planning your route.			
1.30pm	3 Hour Rogaine Team Explorer course starts.			
1.45pm	Classic briefing.			
1.50pm	Classic courses start.			
2.00pm	Courses Red Long, Red Medium, Orange, Yellow and White open for starters.			
3:30pm – 5pm	Post-race snack starts –Please pick up a light snack near the registration.			
4.30pm	3 Hour Rogaine Team Explorer course latest finish without penalty, competitors must punch finish control. Work out own score and hand in.			
3.30pm	Last starters for courses Red Long, Red Medium, Orange, and Yellow.			
5 pm	Presentation.			
5 pm	Course closure. All competitors must report back to finish by this time.			

#### Sickness protocols

- Feel free to bring a mask for use around the event centre.
- We are providing water in the clubrooms near the finish, but feel free to bring your own. There
  will be no water on the courses. There are many loops which all come back to the same
  start/finish so you could leave food/drinks close by.

Please do not come to the event if you have any cold, flu or covid symptoms.

#### **Course Information**

COURSE	Classes	Est Winning time (mins)	Distance (km)	Climb (m)	Controls
1 Classic Elite (Red)	Elite	100+	11.3	610	46
2 Classic Wayne Cretney (Red)	M40 (Wayne Cretney Memorial), M18A, M50, W40	80-140	9.3	510	41
3 Classic Veteran/Junior (Red)	M60A, M70A, W50A, W60A, M16A, W18A, W16A,	80-140	6.6	390	33
Red Long	Open Red	70	4.6	350	26
Red Medium	Open Red	60	3.8	220	19
Orange	Junior Boys and Girls and Teams, Open orange	50-80	2.8	190	14
Yellow	Open yellow	25-40	1.6	60	10
White	Open white	15-30	1.0	20	7
Rogaine	Team Explorer	3 hours	?	lots	51

#### Notes:

Courses 1, 2 and 3 have loops. Course 1 and 2 and the Rogaine are double-sided. For courses 1 to 3, a leg order will be given out before start and competitors must run the maps in the leg order given to them. For the rogaine, there is a large overlap between each side.

There will be no water on the course - please take adequate water and refreshments with you. There will be water in the clubrooms near the finish.

#### **Waiver**

Participation at this event is at the competitor's own risk. The organisers and landowners take no legal responsibility for any accidents that occur. By entering the event and participating you agree to waive any liability to the organisers and associated parties.

#### Registration

All people need to report to registration to confirm that they are starting the race and to collect their sportident if they have hired one. Registration will open at 12.30pm.

<u>Classic Rules</u>
The Classic courses will be run in accordance with the Orienteering New Zealand Competition Rules for New Zealand Foot Orienteering Events. These rules may be viewed on the ONZ website (www.orienteering.org.nz) under the "Resources" menu.

#### 3 Hour Rogaine Team Explorer Rules

The objective is to maximise your score. The control points are marked on the map with a circle and a number and the control description shows how many points it is worth. Points have been loosely awarded due to difficulty from 10 points to 40 points - it is up to the team to work out which controls will maximise their score. The points for each control are shown in the first column of the control descriptions.

Total number of points possible is 1250. There are 51 controls.

Each competitor will be given a waterproof A3 map with the control descriptions.

The start is shown with a triangle and the finish is shown with a double circle.

There's a penalty for returning late: 10 points per minute or part thereof. Highest score wins, in the event of a tie the earliest to finish wins.

You prove your visit to each control point by punching with your sportident. When you finish, please calculate the number of points you have earned.

Except in the case of emergency, team members must stay together, especially when visiting control points. You are not allowed to send the fittest team member up the hill to get the control! If a team member has to drop out for any reason during the event, you must tell us back at base; and from that time, you are a new team starting with a score of zero.

#### You only need to punch each control once.

You must travel on foot. Electronic navigation aids are prohibited, such as GPS's and altimeters.

#### Complaints and Protests

If you wish to make a complaint regarding an infringement of the rules or the organisers' directions, please do so in writing at the event centre. This must be done within 60 minutes of completing your course. The event organiser will consider the matter that you have raised and let you have his decision. There is no charge for making a complaint. If you are not satisfied with that decision, you may ask that the complaint be considered a protest. A fee of \$10 is payable but this fee will be returned if your protest is upheld, or found to be a justifiable protest.

#### Dogs

Dogs and other animals are prohibited from all map areas.

#### First Aid

A first aid kit will be available at the event centre. In the event of a major medical problem please see the event organiser.

#### Food

A snack and soup will be available from 3.30pm. Please pick up the lunch in the clubrooms near the registration.

#### **Toilets**

Toilets are available near the clubrooms.

#### **Bits and Pieces**

Please ensure you come prepared for all weather.

#### Please be on the lookout for flying golf balls and discs.

Be careful around horses.

Lookout for other sports, and runners and walkers.

## Be aware of out-of-bounds colours. Striped purple cannot be entered. In the Olive Green areas you can only run on the tracks.

#### Refunds

Because of the work that has been done there will be no refunds given unless there are exceptional circumstances which will be left up to the organisers' discretion. The organisers' decision is final.

#### Course Changes and Late entries

Any late entry or change will incur a \$15 fee and cannot be guaranteed as there are limited provisions for extra maps.

#### **Late Starters**

A competitor or team who has missed their allocated start should report to the start. The competitor will be started when it is convenient for the organisers, in accordance with NZOF rules. The organisers reserve the right to not start someone if they are dramatically late or unable to give a justifiable explanation.

#### **Control Descriptions**

No control descriptions will be given out at registration. All maps have control descriptions on the front of the map.

#### **DETAILED EVENT INFORMATION**

Date: Saturday, 11<sup>th</sup> November 2023

New Map: Tawatawa

White, Yellow: 1:3000, 5m, A4

Orange, Red Medium, Red Long, Course 3: 1:4000, 5m, A3

Course 1, Course 2: 1:4000, 5m, A3 Double Sided

Rogaine: 1:4500, A3 Double Sided

Organiser and Planner: Bryan Teahan

**Event Centre and** 

Start Area: Wakefield Park, Adelaide Road, Berhampore, Wellington.

Event Theme: This year's theme: Ecological Restoration – Manawa Karioi

May we remember all the good times of the past 40 years and we

will never forget our dear departed friends.

Terrain: A map of many parts:

- Mornington rolling golf course with fast fairways and fast pines.

- Urban parks with some sports fields and bush.

 Manawa Karioi Maori Trust area containing many tracks and area shown in Olive Green. ONLY THE TRACKS CAN BE RUN ON. The bush is being restored so do not run off-track in this

area.

- Moderately steep Tawatawa reserve bush ranging from slow

run to fight.

Tawatawa dog exercise flat area with scrubby bush and

marshes.

Map notes: Residental Areas and Purple hatched areas are out of bounds.

There are some bee hives.

There are some electric fences (only possibly affecting route

choice for the Rogaine) well away from all controls.

There is gorse, supplejack and blackberry in the bush areas.

There may be some (friendly) horses on the Rogaine course. One nuzzled me on the neck unexpectedly from behind and tried to get

my lunch in my pack.

The map uses the current international symbols for a sprint map.

There are some fences on the maps which are difficult to cross.

Cross roads carefully. Give way to any vehicles.

The area can be slippery.

The native bush runnability is variable with supplejack in places – only a generalised grading is shown.

There are some cliffs and slippery eroded banks. DO NOT try to go down or near a cliff or large bank. Be careful out there!

There are some stunning vistas on a good day – take time to see stunning Wellington in the background.

Spiked shoes or shoes with good grip are recommended.

Safety Bearing: An East bearing will take you Adelaide Rd.

Map scales: 1:4000, 1:4500, 1:3000

Contour Interval: 5m

Hazards: Be very careful crossing roads.

Be careful going up and down slopes.

There are some broken fences.

It is slippery in some parts.

There is some broken glass in the bush.

There are some cliffs and banks prone to subsiding.

Ensure you have adequate clothing for the weather conditions.

There is some stinging nettle, blackberry, gorse, supplejack and bush lawyer. There is some thick bush.

There may be flying golf balls and discs on the golf course. Be careful crossing fairways. Do NOT cross greens.

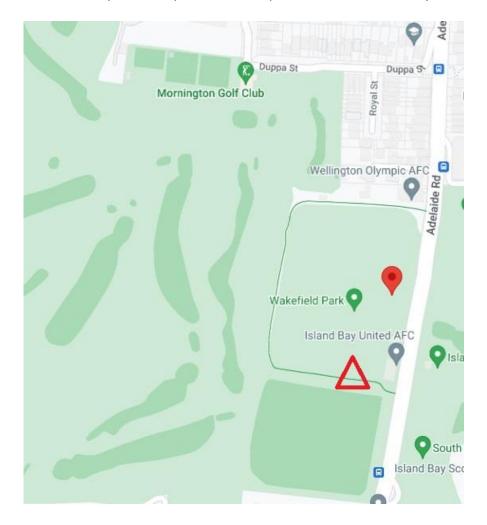
Look out for other people (sports softball, soccer, running, hiking, exercising dogs).

Rogaines and the school teams are run as team events for safety reasons. If a team member is injured, responsibility for obtaining help is with the unaffected team members.

Location: Wakefield Park, Adelaide Rd, Berhampore, Wellington.

Directions: Signposted From: Wakefield Park.

Course Closure: 5pm – everyone should report back to the finish by this time.



**Location Map** 

### **Previous 2020 Trophy and Class Winners**

Trophy	Class	Course	Name
Veteran Wayne Cretney Memorial winner	Over 40	2	Bill Edwards
Open men	M21	1	Hamish Laing
Open women	W21	1	Alison Power
Rogaine			Jo McKenzie, Ann Kendon
Junior Men		2	Jake McLellan
Junior Women		2	Morag McLellan
Veteran Women	W40	2	
Veteran Men	M50	2	
Veteran Women	W50	3	Liz Nicholson
Veteran Women	W60	3	
Veteran Women	W70	3	
Veteran Men	M60	3	Paul Dalton

Previous trophy winners please bring your trophy to the event.